## **ALLEN COMMUNITY SHELTON HOUSE SOCIAL CLUB**

89-09 162<sup>ND</sup> STREET, JAMAICA, NY 11432 TELEPHONE # (718) 657-5454

July 28, 2023

Dance Parade, Inc.

455 FDR Drive, Suite B104

New York, NY 10002

To Whom It May Concern:

My name is Dion Horton, Director for the Allen Community Shelton House Social Club. This correspondence serves as a letter of support for Dance Parade. Dance Parade has promoted dance at the Allen Community Shelton House Social Club for some time now; through the celebration of diversity by presenting as many forms of dance as possible to the older adults at our center. The promotion of dances from different cultures not only increased the older adult's knowledge of different cultures but also increased their physical and mental health and boosted their emotional and social well-being, by moving their bodies to the sound of music that transformed their life. Dancing allowed the participants to express feelings that they would normally keep to themselves to be released via dance expression. This proved to be very therapeutic to both the older adults and the staff that participated in the therapeutic sessions.

It is for these reasons why we will continue to support Dance Parade now and in the future! Should there be any questions I can be reached at: (718) 657-0799.

Sincerely

Dien Horton

Director

Allen Community Shelton House Social Club

Allen Community Non-Profit Programs
Allen Community Shelton Social Club
89-09 162<sup>nd</sup> Street • Jamaica, New York 11432
Tel: (718) 657-5454

Funded By the N.Y.C. Department for the Aging